



32. Arnstädter Citylauf
Arnstadt / 27.04.2024

Detailed evaluation

Nele Sauer

Club: LSV Lok Arnstadt
Number: 11

Course: 3.00 km
3-km-Lauf

Category:
weibliche Jugend U20 (18-19)

Total time: 16:49

Speed: 10.70 km/h
Running performance: 5:36 min/km

Rank in course/Total: 11 (of 19)
Rank in course/Women: 5 (of 11)
Best time in course: 15:06

Rank in category: 1(of 1)
Best time in the category: 16:49