



32. Arnstädter Citylauf  
Arnstadt / 27.04.2024

Detailed evaluation

**Louis Selig**

Club: Trailrunning-Crew Thüringen  
Number: 14

Course: 3.00 km  
3-km-Lauf

Category:  
männliche Jugend U14 (12-13)

Total time: 17:13

Speed: 10.45 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 15 (of 19)

Rank in course/Men: 7 (of 8)

Best time in course: 11:35

Rank in category: 3(of 3)

Best time in the category: 11:36