



32. Arnstädter Citylauf
Arnstadt / 27.04.2024

Detailed evaluation

Marc Koch

Club: LSV Lok Arnstadt
Number: 5

Course: 3.00 km
3-km-Lauf

Category:
männliche Jugend U16 (14-15)

Total time: 13:50

Speed: 13.01 km/h
Running performance: 4:36 min/km

Rank in course/Total: 3 (of 19)

Rank in course/Men: 3 (of 8)

Best time in course: 11:35

Rank in category: 1(of 2)

Best time in the category: 13:50