



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Susanne Bergter

Total time: 24:19

Number: 134

Speed: 12.34 km/h

Running performance: 4:51 min/km

Course: 5.00 km

Rank in course/Total: 6 (of 40)

5-km-Lauf

Rank in course/Women: 1 (of 19)

Category:

Best time in course: 24:19

Seniorinnen W40 (40-44) M

Rank in category: 1(of 2)

Best time in the category: 24:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hammerecke	1.38	6:08	4:26	1	-	1	-	1.38	6:08	4:26	1	-	1	-
Hammerecke	2.34	11:37	4:57	1	-	1	-	3.72	17:45	4:46	1	-	1	-
Finish	1.28	6:34	5:07	1	-	1	-	5.00	24:19	4:51	1	-	1	-