



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Anna Hofmann

Club: SV Arnstadt 02

Number: 109

Course: 5.00 km

5-km-Lauf

Category:

weibliche Jugend U14 (12-13) M

Total time: 30:08

Speed: 9.96 km/h

Running performance: 6:01 min/km

Rank in course/Total: 26 (of 40)

Rank in course/Women: 9 (of 19)

Best time in course: 24:19

Rank in category: 3(of 3)

Best time in the category: 29:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Hammerecke	1.38	7:33	5:28	2	0:01	8	1:25	1.38	7:33	5:28	2	0:01	8	1:25
Hammerecke	2.34	14:58	6:23	2	0:01	9	3:21	3.72	22:31	6:03	2	0:01	9	4:46
Finish	1.28	7:37	5:57	3	0:08	8	1:03	5.00	30:08	6:01	3	0:09	9	5:49