



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Fine Schmidt

Club: LSV Lok Arnstadt

Number: 118

Course: 5.00 km

5-km-Lauf

Category:

weibliche Jugend U16 (14-15) M

Total time: 29:52

Speed: 10.04 km/h

Running performance: 5:58 min/km

Rank in course/Total: 23 (of 40)

Rank in course/Women: 6 (of 19)

Best time in course: 24:19

Rank in category: 1(of 1)

Best time in the category: 29:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Hammerecke	1.38	6:41	4:50	1	-	4	0:33	1.38	6:41	4:50	1	-	4	0:33
Hammerecke	2.34	14:29	6:11	1	-	6	2:52	3.72	21:10	5:41	1	-	6	3:25
Finish	1.28	8:42	6:47	1	-	12	2:08	5.00	29:52	5:58	1	-	6	5:33