



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Peter Hänsgen

Club: WSV Oberhof 05

Number: 215

Course: 10.00 km

10-km-Lauf (A-B-C Cup)

Category:

Männer (20-29) L

Total time: 46:31

Speed: 12.90 km/h

Running performance: 4:39 min/km

Rank in course/Total: 16 (of 67)

Rank in course/Men: 13 (of 42)

Best time in course: 39:22

Rank in category: 2(of 2)

Best time in the category: 41:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hammerecke	1.67	6:28	3:52	1	-	2	0:24	1.67	6:28	3:52	1	-	2	0:24
Hammerecke	2.35	10:43	4:33	2	0:57	13	1:27	4.02	17:11	4:16	2	0:49	9	1:51
Control	2.35	11:39	4:57	2	1:30	18	2:16	6.37	28:50	4:31	2	2:19	12	4:07
Control	2.35	11:41	4:58	2	1:37	17	2:10	8.72	40:31	4:38	2	3:56	13	6:17
Finish	1.28	6:00	4:41	2	0:48	11	0:52	10.00	46:31	4:39	2	4:44	13	7:09