



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Julius Lehmann

Club: LSV Lok Arnstadt
Number: 230

Course: 10.00 km
10-km-Lauf (A-B-C Cup)

Category:
männliche Jugend U20 (18-19) L

Total time: 39:22

Speed: 15.24 km/h
Running performance: 3:56 min/km

Rank in course/Total: 1 (of 67)

Rank in course/Men: 1 (of 42)

Best time in course: 39:22

Rank in category: 1(of 1)

Best time in the category: 39:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hammerecke	1.67	6:04	3:37	1	-	1	-	1.67	6:04	3:37	1	-	1	-
Hammerecke	2.35	9:16	3:56	1	-	1	-	4.02	15:20	3:48	1	-	1	-
Control	2.35	9:23	3:59	1	-	1	-	6.37	24:43	3:52	1	-	1	-
Control	2.35	9:31	4:02	1	-	1	-	8.72	34:14	3:55	1	-	1	-
Finish	1.28	5:08	4:00	1	-	1	-	10.00	39:22	3:56	1	-	1	-