



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Tobias Pahnke

Number: 979

Course: 1.80 km

1,8 km - Lauf

Category:

männliche Jugend U14 (12-13) N

Total time: 8:22

Speed: 7.17 km/h

Running performance: 4:38 min/km

Rank in course/Total: 24 (of 122)

Rank in course/Men: 14 (of 62)

Best time in course: 6:50

Rank in category: 1(of 2)

Best time in the category: 8:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.90	4:18	4:46	1	-	17	0:43	0.90	4:18	4:46	1	-	17	0:43
Ilseburg/Markt	0.90	4:04	4:31	1	-	13	0:52	1.80	8:22	4:38	1	-	14	1:32