



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Sophia Pomplun

Club: Harz-Gebirgslauf Wernigerode  
Number: 982

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Kinder U12 (10-11) N

Total time: 6:58

Speed: 8.61 km/h  
Running performance: 3:52 min/km

Rank in course/Total: 3 (of 122)

Rank in course/Women: 2 (of 60)

Best time in course: 6:52

Rank in category: 1(of 22)

Best time in the category: 6:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.90	3:37	4:01	1	-	2	0:02	0.90	3:37	4:01	1	-	2	0:02
Ilseburg/Markt	0.90	3:21	3:43	1	-	2	0:04	1.80	6:58	3:52	1	-	2	0:06