



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Jonas Stelter

Number: 1097

Course: 3.90 km
3,9 km - Lauf

Category:
Männer (20-29)

Total time: 23:56

Speed: 7.52 km/h

Running performance: 6:08 min/km

Rank in course/Total: 19 (of 44)

Rank in course/Men: 14 (of 23)

Best time in course: 15:02

Rank in category: 1(of 1)

Best time in the category: 23:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	1.90	12:51	6:45	1	-	16	4:59	1.90	12:51	6:45	1	-	16	4:59
Ilseburg/Markt	2.00	11:05	5:32	1	-	14	3:55	3.90	23:56	6:08	1	-	14	8:54