



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Henrik Haberlag

Number: 1069

Course: 3.90 km

3,9 km - Lauf

Category:

männliche Jugend U14 (12-13)

Total time: 19:49

Speed: 9.08 km/h

Running performance: 5:04 min/km

Rank in course/Total: 13 (of 44)

Rank in course/Men: 11 (of 23)

Best time in course: 15:02

Rank in category: 6(of 10)

Best time in the category: 16:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	1.90	9:48	5:09	6	1:36	11	1:56	1.90	9:48	5:09	6	1:36	11	1:56
Ilseburg/Markt	2.00	10:01	5:00	6	2:10	11	2:51	3.90	19:49	5:04	6	3:46	11	4:47