



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Ben Lehmann

Club: Harz-Gebirgslauf Wernigerode
Number: 1082

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15)

Total time: 15:55

Speed: 11.31 km/h
Running performance: 4:04 min/km

Rank in course/Total: 2 (of 44)

Rank in course/Men: 2 (of 23)

Best time in course: 15:02

Rank in category: 1(of 1)

Best time in the category: 15:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time	min/km	Cat.
Control	1.90	8:09	4:17	1	-	2	0:17	1.90	8:09	4:17	1	-	2	0:17
Ilseburg/Markt	2.00	7:46	3:53	1	-	2	0:36	3.90	15:55	4:04	1	-	2	0:53