



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Julia Dittmann

Number: 1061

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W30 (30-34)

Total time: 23:50

Speed: 7.55 km/h
Running performance: 6:06 min/km

Rank in course/Total: 18 (of 44)

Rank in course/Women: 5 (of 21)

Best time in course: 17:03

Rank in category: 1(of 1)

Best time in the category: 23:50

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	1.90	12:18	6:28	1	-	5	3:29	1.90	12:18	6:28	1	-	5	3:29
Ilseburg/Markt	2.00	11:32	5:46	1	-	5	3:18	3.90	23:50	6:06	1	-	5	6:47