



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Kathrin Grüttner

Club: Der Sonne entgegen
Number: 1068

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W40 (40-44)

Total time: 25:28

Speed: 7.07 km/h
Running performance: 6:31 min/km

Rank in course/Total: 22 (of 44)
Rank in course/Women: 7 (of 21)
Best time in course: 17:03

Rank in category: 1(of 1)
Best time in the category: 25:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	1.90	14:54	7:50	1	-	14	6:05	1.90	14:54	7:50	1	-	14	6:05
Ilseburg/Markt	2.00	10:34	5:16	1	-	4	2:20	3.90	25:28	6:31	1	-	7	8:25