



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Silke Hoffmeister

Number: 603

Course: 3.90 km

3,9 km - Lauf

Category:

Seniorinnen W50 (50-54)

Total time: 23:22

Speed: 7.70 km/h

Running performance: 5:59 min/km

Rank in course/Total: 17 (of 44)

Rank in course/Women: 4 (of 21)

Best time in course: 17:03

Rank in category: 1(of 3)

Best time in the category: 23:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	1.90	11:32	6:04	1	-	4	2:43	1.90	11:32	6:04	1	-	4	2:43
Ilseburg/Markt	2.00	11:50	5:55	1	-	6	3:36	3.90	23:22	5:59	1	-	4	6:19