



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Sabine Krumpfen-Müller

Club: Trail-Runners Oberharz
Number: 1079

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W55 (55-59)

Total time: 34:14

Speed: 5.26 km/h
Running performance: 8:46 min/km

Rank in course/Total: 41 (of 44)

Rank in course/Women: 18 (of 21)

Best time in course: 17:03

Rank in category: 2(of 2)

Best time in the category: 26:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	1.90	16:54	8:53	2	3:03	17	8:05	1.90	16:54	8:53	2	3:03	17	8:05
Ilseburg/Markt	2.00	17:20	8:39	2	4:31	21	9:06	3.90	34:14	8:46	2	7:34	18	17:11