



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Sabine Krumpfen-Müller

Club: Trail-Runners Oberharz  
Number: 1079

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W55 (55-59)

Total time: 34:14

Speed: 5.26 km/h  
Running performance: 8:46 min/km

Rank in course/Total: 41 (of 44)

Rank in course/Women: 18 (of 21)

Best time in course: 17:03

Rank in category: 2(of 2)

Best time in the category: 26:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Control	1.90	16:54	8:53	2	3:03	17	8:05	1.90	16:54	8:53	2	3:03	17	8:05
Ilseburg/Markt	2.00	17:20	8:39	2	4:31	21	9:06	3.90	34:14	8:46	2	7:34	18	17:11