



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Helmine Junski

Number: 1077

Course: 3.90 km

3,9 km - Lauf

Category:

weibliche Jugend U14 (12-13)

Total time: 26:42

Speed: 6.74 km/h

Running performance: 6:50 min/km

Rank in course/Total: 29 (of 44)

Rank in course/Women: 10 (of 21)

Best time in course: 17:03

Rank in category: 1(of 4)

Best time in the category: 26:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	1.90	13:39	7:11	2	1:00	10	4:50	1.90	13:39	7:11	2	1:00	10	4:50
Ilseburg/Markt	2.00	13:03	6:31	1	-	10	4:49	3.90	26:42	6:50	1	-	10	9:39