



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Alina Schreinert

Club: Glindower Alpenläufer
Number: 685

Course: 10.10 km
10,1 km - Lauf

Category:
Frauen (20-29) I

Total time: 1:00:59

Speed: 9.84 km/h
Running performance: 6:02 min/km

Rank in course/Total: 64 (of 178)
Rank in course/Women: 10 (of 61)
Best time in course: 47:20

Rank in category: 2(of 11)
Best time in the category: 59:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:30	6:42	2	0:47	9	6:12	4.10	27:30	6:42	2	0:47	9	6:12
Control	0.90	7:15	8:03	3	0:17	15	1:58	5.00	34:45	6:57	2	1:04	9	8:10
Ilsestein	1.00	6:05	6:04	2	0:14	16	1:23	6.00	40:50	6:48	2	0:55	10	9:33
Ilseburg/Markt	4.10	20:09	4:54	2	0:08	11	4:06	10.10	1:00:59	6:02	2	1:03	10	13:39