



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Lucienne Kirchner

Number: 625

Course: 10.10 km
10,1 km - Lauf

Category:
Frauen (20-29) I

Total time: 1:03:42

Speed: 9.42 km/h

Running performance: 6:18 min/km

Rank in course/Total: 81 (of 178)

Rank in course/Women: 15 (of 61)

Best time in course: 47:20

Rank in category: 3(of 11)

Best time in the category: 59:56

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 29:32 | 7:12 | 3 | 2:49 | 15 | 8:14 | 4.10 | 29:32 | 7:12 | 3 | 2:49 | 15 | 8:14 |
| Control | 0.90 | 7:03 | 7:49 | 2 | 0:05 | 13 | 1:46 | 5.00 | 36:35 | 7:19 | 3 | 2:54 | 15 | 10:00 |
| Ilsestein | 1.00 | 5:51 | 5:50 | 1 | - | 10 | 1:09 | 6.00 | 42:26 | 7:04 | 3 | 2:31 | 15 | 11:09 |
| Ilseburg/Markt | 4.10 | 21:16 | 5:11 | 6 | 1:15 | 20 | 5:13 | 10.10 | 1:03:42 | 6:18 | 3 | 3:46 | 15 | 16:22 |