



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Josephine Thäsler

Number: 697

Course: 10.10 km
10,1 km - Lauf

Category:
Frauen (20-29) I

Total time: 1:06:25

Speed: 9.03 km/h

Running performance: 6:34 min/km

Rank in course/Total: 94 (of 178)

Rank in course/Women: 20 (of 61)

Best time in course: 47:20

Rank in category: 5(of 11)

Best time in the category: 59:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:19	7:38	5	4:36	24	10:01	4.10	31:19	7:38	5	4:36	24	10:01
Control	0.90	7:52	8:44	5	0:54	22	2:35	5.00	39:11	7:50	5	5:30	25	12:36
Ilsestein	1.00	7:03	7:02	6	1:12	29	2:21	6.00	46:14	7:42	5	6:19	24	14:57
Ilseburg/Markt	4.10	20:11	4:55	3	0:10	12	4:08	10.10	1:06:25	6:34	5	6:29	20	19:05