



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Christin Laube

Club: hzmakler & friends
Number: 646

Course: 10.10 km
10,1 km - Lauf

Category:
Frauen (20-29) I

Total time: 1:08:43

Speed: 8.73 km/h
Running performance: 6:48 min/km

Rank in course/Total: 107 (of 178)

Rank in course/Women: 27 (of 61)

Best time in course: 47:20

Rank in category: 6(of 11)

Best time in the category: 59:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:21	8:08	9	6:38	34	12:03	4.10	33:21	8:08	9	6:38	34	12:03
Control	0.90	8:29	9:25	7	1:31	32	3:12	5.00	41:50	8:22	9	8:09	34	15:15
Ilsestein	1.00	6:37	6:36	4	0:46	23	1:55	6.00	48:27	8:04	7	8:32	31	17:10
Ilseburg/Markt	4.10	20:16	4:56	4	0:15	13	4:13	10.10	1:08:43	6:48	6	8:47	27	21:23