



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Fabian Lippe

Club: Harz-Gebirgslauf Wernigerode
Number: 653

Course: 10.10 km
10,1 km - Lauf

Category:
Männer (20-29) I

Total time: 38:24

Speed: 15.63 km/h
Running performance: 3:48 min/km

Rank in course/Total: 1 (of 178)

Rank in course/Men: 1 (of 117)

Best time in course: 38:24

Rank in category: 1(of 13)

Best time in the category: 38:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	17:39	4:18	1	-	1	-	4.10	17:39	4:18	1	-	1	-
Control	0.90	4:18	4:46	1	-	2	1:12	5.00	21:57	4:23	1	-	2	18:51
Ilsestein	1.00	3:36	3:36	1	-	1	-	6.00	25:33	4:15	1	-	2	9:28
Ilseburg/Markt	4.10	12:51	3:08	1	-	1	-	10.10	38:24	3:48	1	-	1	-