



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Jonas Böhler

Number: 1039

Course: 10.10 km
10,1 km - Lauf

Category:
Männer (20-29) I

Total time: 1:07:13

Speed: 8.93 km/h

Running performance: 6:39 min/km

Rank in course/Total: 97 (of 178)

Rank in course/Men: 76 (of 117)

Best time in course: 38:24

Rank in category: 11(of 13)

Best time in the category: 38:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:04	7:20	10	12:25	72	12:25	4.10	30:04	7:20	10	12:25	72	12:25
Control	0.90	8:02	8:55	12	3:44	85	4:56	5.00	38:06	7:37	11	16:09	80	35:00
Ilsestein	1.00	6:55	6:55	11	3:19	77	3:19	6.00	45:01	7:30	11	19:28	77	28:56
Ilseburg/Markt	4.10	22:12	5:24	11	9:21	77	9:21	10.10	1:07:13	6:39	11	28:49	76	28:49