



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Max Sawetzki

Number: 678

Course: 10.10 km  
10,1 km - Lauf

Category:  
Männer (20-29) I

Total time: 1:25:39

Speed: 7.01 km/h

Running performance: 8:28 min/km

Rank in course/Total: 164 (of 178)

Rank in course/Men: 110 (of 117)

Best time in course: 38:24

Rank in category: 13(of 13)

Best time in the category: 38:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	39:04	9:31	13	21:25	112	21:25	4.10	39:04	9:31	13	21:25	112	21:25
Control	0.90	9:52	10:57	13	5:34	111	6:46	5.00	48:56	9:47	13	26:59	113	45:50
Ilsestein	1.00	9:29	9:28	13	5:53	110	5:53	6.00	58:25	9:44	13	32:52	113	42:20
Ilseburg/Markt	4.10	27:14	6:38	13	14:23	107	14:23	10.10	1:25:39	8:28	13	47:15	110	47:15