



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Robin Jonathan Baecke

Number: 555

Course: 10.10 km
10,1 km - Lauf

Category:
männliche Jugend U20 (18-19) I

Total time: 41:06

Speed: 14.60 km/h

Running performance: 4:04 min/km

Rank in course/Total: 4 (of 178)

Rank in course/Men: 4 (of 117)

Best time in course: 38:24

Rank in category: 1(of 6)

Best time in the category: 41:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	18:20	4:28	1	-	3	0:41	4.10	18:20	4:28	1	-	3	0:41
Control	0.90	4:37	5:07	1	-	5	1:31	5.00	22:57	4:35	1	-	5	19:51
Ilsestein	1.00	4:09	4:09	1	-	4	0:33	6.00	27:06	4:30	1	-	5	11:01
Ilseburg/Markt	4.10	14:00	3:24	1	-	4	1:09	10.10	41:06	4:04	1	-	4	2:42