



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Cedric Engelhardt

Number: 574

Course: 10.10 km
10,1 km - Lauf

Category:
männliche Jugend U20 (18-19) I

Total time: 50:27

Speed: 11.89 km/h

Running performance: 4:59 min/km

Rank in course/Total: 17 (of 178)

Rank in course/Men: 15 (of 117)

Best time in course: 38:24

Rank in category: 2(of 6)

Best time in the category: 41:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:40	5:31	2	4:20	14	5:01	4.10	22:40	5:31	2	4:20	14	5:01
Control	0.90	5:37	6:14	2	1:00	14	2:31	5.00	28:17	5:39	2	5:20	14	25:11
Ilsestein	1.00	5:03	5:02	2	0:54	11	1:27	6.00	33:20	5:33	2	6:14	13	17:15
Ilseburg/Markt	4.10	17:07	4:10	2	3:07	17	4:16	10.10	50:27	4:59	2	9:21	15	12:03