



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Oscar Wulf

Number: 716

Course: 10.10 km  
10,1 km - Lauf

Category:  
männliche Jugend U20 (18-19) I

Total time: 59:44

Speed: 10.04 km/h

Running performance: 5:54 min/km

Rank in course/Total: 57 (of 178)

Rank in course/Men: 50 (of 117)

Best time in course: 38:24

Rank in category: 5(of 6)

Best time in the category: 41:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:36	6:58	5	10:16	60	10:57	4.10	28:36	6:58	5	10:16	60	10:57
Control	0.90	6:49	7:34	4	2:12	54	3:43	5.00	35:25	7:04	5	12:28	60	32:19
Ilsestein	1.00	5:19	5:18	4	1:10	19	1:43	6.00	40:44	6:47	5	13:38	57	24:39
Ilseburg/Markt	4.10	19:00	4:38	5	5:00	41	6:09	10.10	59:44	5:54	5	18:38	50	21:20