



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Tom Kaiser

Club: Die Steuerprofis  
Number: 619

Course: 10.10 km  
10,1 km - Lauf

Category:  
männliche Jugend U20 (18-19) I

Total time: 1:06:13

Speed: 9.06 km/h  
Running performance: 6:33 min/km

Rank in course/Total: 93 (of 178)

Rank in course/Men: 74 (of 117)

Best time in course: 38:24

Rank in category: 6(of 6)

Best time in the category: 41:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:23	7:24	6	12:03	75	12:44	4.10	30:23	7:24	6	12:03	75	12:44
Control	0.90	7:19	8:07	5	2:42	72	4:13	5.00	37:42	7:32	6	14:45	75	34:36
Ilsestein	1.00	6:54	6:54	6	2:45	75	3:18	6.00	44:36	7:26	6	17:30	76	28:31
Ilseburg/Markt	4.10	21:37	5:16	6	7:37	73	8:46	10.10	1:06:13	6:33	6	25:07	74	27:49