



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Daniel Wolf

Total time: 1:02:15

Number: 1110

Speed: 9.64 km/h

Running performance: 6:09 min/km

Course: 10.10 km

Rank in course/Total: 74 (of 178)

10,1 km - Lauf

Rank in course/Men: 62 (of 117)

Best time in course: 38:24

Category:

Rank in category: 10(of 11)

Senioren M35 (35-39) I

Best time in the category: 49:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:11	7:07	10	6:43	65	11:32	4.10	29:11	7:07	10	6:43	65	11:32
Control	0.90	7:06	7:53	10	1:39	65	4:00	5.00	36:17	7:15	10	8:17	66	33:11
Ilsestein	1.00	6:24	6:24	10	1:20	67	2:48	6.00	42:41	7:06	10	9:34	65	26:36
Ilseburg/Markt	4.10	19:34	4:46	9	3:13	51	6:43	10.10	1:02:15	6:09	10	12:31	62	23:51