



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Dirk Kluge

Number: 627

Course: 10.10 km
10,1 km - Lauf

Category:
Senioren M35 (35-39) I

Total time: 1:08:00

Speed: 8.82 km/h

Running performance: 6:43 min/km

Rank in course/Total: 101 (of 178)

Rank in course/Men: 78 (of 117)

Best time in course: 38:24

Rank in category: 11(of 11)

Best time in the category: 49:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:22	7:39	11	8:54	84	13:43	4.10	31:22	7:39	11	8:54	84	13:43
Control	0.90	6:52	7:37	9	1:25	57	3:46	5.00	38:14	7:38	11	10:14	83	35:08
Ilsestein	1.00	7:13	7:13	11	2:09	87	3:37	6.00	45:27	7:34	11	12:20	81	29:22
Ilseburg/Markt	4.10	22:33	5:30	11	6:12	81	9:42	10.10	1:08:00	6:43	11	18:16	78	29:36