



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Nico Hübner

Club: Harz-Gebirgslauf Wernigerode  
Number: 614

Course: 10.10 km  
10,1 km - Lauf

Category:  
Senioren M45 (45-49) I

Total time: 1:01:23

Speed: 9.77 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 70 (of 178)

Rank in course/Men: 59 (of 117)

Best time in course: 38:24

Rank in category: 7(of 12)

Best time in the category: 45:04

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein          | 4.10     | 30:23      | 7:24         | 10          | 10:22       | 75      | 12:44      | 4.10          | 30:23      | 7:24         | 10       | 10:22       | 75      | 12:44      |
| Control            | 0.90     | 6:36       | 7:19         | 6           | 1:35        | 44      | 3:30       | 5.00          | 36:59      | 7:23         | 10       | 11:57       | 70      | 33:53      |
| Ilsestein          | 1.00     | 6:08       | 6:08         | 5           | 1:35        | 57      | 2:32       | 6.00          | 43:07      | 7:11         | 9        | 13:32       | 68      | 27:02      |
| Ilseburg/Markt     | 4.10     | 18:16      | 4:27         | 3           | 2:47        | 27      | 5:25       | 10.10         | 1:01:23    | 6:04         | 7        | 16:19       | 59      | 22:59      |