



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Axel Schreinert

Club: Glindower Alpenläufer
Number: 686

Course: 10.10 km
10,1 km - Lauf

Category:
Senioren M55 (55-59) I

Total time: 1:09:25

Speed: 8.64 km/h
Running performance: 6:52 min/km

Rank in course/Total: 110 (of 178)

Rank in course/Men: 83 (of 117)

Best time in course: 38:24

Rank in category: 11(of 14)

Best time in the category: 54:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:08	7:35	11	7:01	82	13:29	4.10	31:08	7:35	11	7:01	82	13:29
Control	0.90	8:27	9:23	12	2:25	97	5:21	5.00	39:35	7:55	11	9:17	85	36:29
Ilsestein	1.00	7:10	7:10	10	1:38	84	3:34	6.00	46:45	7:47	11	10:39	86	30:40
Ilseburg/Markt	4.10	22:40	5:31	12	4:52	84	9:49	10.10	1:09:25	6:52	11	14:38	83	31:01