



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Christian Klüsener

Number: 721

Course: 10.10 km
10,1 km - Lauf

Category:
Senioren M55 (55-59) I

Total time: 1:10:15

Speed: 8.54 km/h

Running performance: 6:57 min/km

Rank in course/Total: 115 (of 178)

Rank in course/Men: 87 (of 117)

Best time in course: 38:24

Rank in category: 12(of 14)

Best time in the category: 54:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:29	8:10	14	9:22	98	15:50	4.10	33:29	8:10	14	9:22	98	15:50
Control	0.90	8:29	9:25	13	2:27	99	5:23	5.00	41:58	8:23	14	11:40	99	38:52
Ilsestein	1.00	7:16	7:15	12	1:44	89	3:40	6.00	49:14	8:12	14	13:08	98	33:09
Ilseburg/Markt	4.10	21:01	5:07	9	3:13	67	8:10	10.10	1:10:15	6:57	12	15:28	87	31:51