



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Thomas Vogt

Number: 702

Course: 10.10 km
10,1 km - Lauf

Category:
Senioren M60 (60-64) I

Total time: 1:13:13

Speed: 8.19 km/h

Running performance: 7:14 min/km

Rank in course/Total: 129 (of 178)

Rank in course/Men: 94 (of 117)

Best time in course: 38:24

Rank in category: 7(of 13)

Best time in the category: 49:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:10	8:05	8	10:26	97	15:31	4.10	33:10	8:05	8	10:26	97	15:31
Control	0.90	8:35	9:32	10	5:29	102	5:29	5.00	41:45	8:20	9	38:39	98	38:39
Ilsestein	1.00	7:32	7:31	7	2:25	94	3:56	6.00	49:17	8:12	9	33:12	99	33:12
Ilseburg/Markt	4.10	23:56	5:50	6	7:20	92	11:05	10.10	1:13:13	7:14	7	23:16	94	34:49