



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Karl-Heinz Weber

Number: 708

Course: 10.10 km
10,1 km - Lauf

Category:
Senioren M65 (65-69) I

Total time: 1:40:59

Speed: 5.94 km/h
Running performance: 9:59 min/km

Rank in course/Total: 173 (of 178)

Rank in course/Men: 113 (of 117)

Best time in course: 38:24

Rank in category: 5(of 5)

Best time in the category: 1:02:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	42:55	10:28	5	13:49	113	25:16	4.10	42:55	10:28	5	13:49	113	25:16
Control	0.90	10:45	11:56	5	4:00	114	7:39	5.00	53:40	10:43	5	17:49	114	50:34
Ilsestein	1.00	11:17	11:16	5	4:59	114	7:41	6.00	1:04:57	10:49	5	22:48	114	48:52
Ilseburg/Markt	4.10	36:02	8:47	5	15:19	113	23:11	10.10	1:40:59	9:59	5	38:07	113	1:02:35