



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Jürgen Hörning

Number: 608

Course: 10.10 km  
10,1 km - Lauf

Category:  
Senioren M75 (75+) I

Total time: 1:55:09

Speed: 5.21 km/h

Running performance: 11:24 min/km

Rank in course/Total: 175 (of 178)

Rank in course/Men: 115 (of 117)

Best time in course: 38:24

Rank in category: 4(of 5)

Best time in the category: 1:22:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	46:58	11:27	4	10:04	115	29:19	4.10	46:58	11:27	4	10:04	115	29:19
Control	0.90	12:18	13:40	3	2:48	115	9:12	5.00	59:16	11:51	4	12:52	116	56:10
Ilsestein	1.00	14:25	14:24	5	5:35	117	10:49	6.00	1:13:41	12:16	4	18:27	116	57:36
Ilseburg/Markt	4.10	41:28	10:06	5	14:01	116	28:37	10.10	1:55:09	11:24	4	32:28	115	1:16:45