



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Katja Dörre

Number: 572

Course: 10.10 km  
10,1 km - Lauf

Category:  
Seniorinnen W35 (35-39) I

Total time: 48:51

Speed: 12.28 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 11 (of 178)

Rank in course/Women: 2 (of 61)

Best time in course: 47:20

Rank in category: 1(of 7)

Best time in the category: 48:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	22:13	5:25	1	-	2	0:55	4.10	22:13	5:25	1	-	2	0:55
Control	0.90	5:23	5:58	1	-	2	0:06	5.00	27:36	5:31	1	-	2	1:01
Ilsestein	1.00	5:00	5:00	1	-	2	0:18	6.00	32:36	5:26	1	-	2	1:19
Ilseburg/Markt	4.10	16:15	3:57	1	-	2	0:12	10.10	48:51	4:50	1	-	2	1:31