



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Jacqueline Puschmann

Number: 668

Course: 10.10 km  
10,1 km - Lauf

Category:  
Seniorinnen W35 (35-39) I

Total time: 1:05:38

Speed: 9.14 km/h

Running performance: 6:29 min/km

Rank in course/Total: 89 (of 178)

Rank in course/Women: 17 (of 61)

Best time in course: 47:20

Rank in category: 3(of 7)

Best time in the category: 48:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:00	7:19	3	7:47	17	8:42	4.10	30:00	7:19	3	7:47	17	8:42
Control	0.90	7:35	8:25	3	2:12	17	2:18	5.00	37:35	7:31	3	9:59	18	11:00
Ilsestein	1.00	6:00	6:00	3	1:00	14	1:18	6.00	43:35	7:15	3	10:59	18	12:18
Ilseburg/Markt	4.10	22:03	5:22	5	5:48	25	6:00	10.10	1:05:38	6:29	3	16:47	17	18:18