



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Vivien Kusian

Total time: 1:05:48

Number: 644

Speed: 9.12 km/h

Running performance: 6:30 min/km

Course: 10.10 km

Rank in course/Total: 90 (of 178)

10,1 km - Lauf

Rank in course/Women: 18 (of 61)

Best time in course: 47:20

Category:

Rank in category: 4(of 7)

Seniorinnen W35 (35-39) I

Best time in the category: 48:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 30:27 | 7:25 | 4 | 8:14 | 21 | 9:09 | 4.10 | 30:27 | 7:25 | 4 | 8:14 | 21 | 9:09 |
| Control | 0.90 | 7:58 | 8:51 | 5 | 2:35 | 24 | 2:41 | 5.00 | 38:25 | 7:40 | 4 | 10:49 | 22 | 11:50 |
| Ilsestein | 1.00 | 6:26 | 6:26 | 4 | 1:26 | 20 | 1:44 | 6.00 | 44:51 | 7:28 | 4 | 12:15 | 19 | 13:34 |
| Ilseburg/Markt | 4.10 | 20:57 | 5:06 | 3 | 4:42 | 18 | 4:54 | 10.10 | 1:05:48 | 6:30 | 4 | 16:57 | 18 | 18:28 |