



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Isabelle Wüstemann

Number: 724

Course: 10.10 km
10,1 km - Lauf

Category:
Seniorinnen W35 (35-39) I

Total time: 1:08:10

Speed: 8.80 km/h

Running performance: 6:44 min/km

Rank in course/Total: 102 (of 178)

Rank in course/Women: 24 (of 61)

Best time in course: 47:20

Rank in category: 5(of 7)

Best time in the category: 48:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:35	7:42	5	9:22	26	10:17	4.10	31:35	7:42	5	9:22	26	10:17
Control	0.90	7:50	8:42	4	2:27	21	2:33	5.00	39:25	7:52	5	11:49	26	12:50
Ilsestein	1.00	6:55	6:55	5	1:55	26	2:13	6.00	46:20	7:43	5	13:44	26	15:03
Ilseburg/Markt	4.10	21:50	5:19	4	5:35	22	5:47	10.10	1:08:10	6:44	5	19:19	24	20:50