



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Anja Horstmann

Number: 609

Course: 10.10 km
10,1 km - Lauf

Category:
Seniorinnen W50 (50-54) I

Total time: 1:11:34

Speed: 8.38 km/h

Running performance: 7:05 min/km

Rank in course/Total: 120 (of 178)

Rank in course/Women: 32 (of 61)

Best time in course: 47:20

Rank in category: 3(of 8)

Best time in the category: 1:08:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:34	7:56	3	2:21	29	11:16	4.10	32:34	7:56	3	2:21	29	11:16
Control	0.90	8:45	9:43	3	0:53	37	3:28	5.00	41:19	8:15	3	3:06	31	14:44
Ilsestein	1.00	7:28	7:28	3	0:24	37	2:46	6.00	48:47	8:07	3	3:07	32	17:30
Ilseburg/Markt	4.10	22:47	5:33	2	0:39	32	6:44	10.10	1:11:34	7:05	3	3:12	32	24:14