



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Birgit Vogt

Number: 701

Course: 10.10 km
10,1 km - Lauf

Category:
Seniorinnen W60 (60-64) I

Total time: 1:04:14

Speed: 9.34 km/h

Running performance: 6:21 min/km

Rank in course/Total: 85 (of 178)

Rank in course/Women: 16 (of 61)

Best time in course: 47:20

Rank in category: 1(of 4)

Best time in the category: 1:04:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:41	7:14	1	-	16	8:23	4.10	29:41	7:14	1	-	16	8:23
Control	0.90	7:13	8:01	1	-	14	1:56	5.00	36:54	7:22	1	-	17	10:19
Ilsestein	1.00	6:33	6:32	2	0:48	22	1:51	6.00	43:27	7:14	1	-	17	12:10
Ilseburg/Markt	4.10	20:47	5:04	1	-	16	4:44	10.10	1:04:14	6:21	1	-	16	16:54