



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Inge Müller

Number: 661

Course: 10.10 km
10,1 km - Lauf

Category:
Seniorinnen W60 (60-64) I

Total time: 1:07:55

Speed: 8.83 km/h

Running performance: 6:43 min/km

Rank in course/Total: 99 (of 178)

Rank in course/Women: 23 (of 61)

Best time in course: 47:20

Rank in category: 2(of 4)

Best time in the category: 1:04:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:30	7:40	2	1:49	25	10:12	4.10	31:30	7:40	2	1:49	25	10:12
Control	0.90	8:07	9:01	2	0:54	28	2:50	5.00	39:37	7:55	2	2:43	27	13:02
Ilsestein	1.00	6:54	6:54	3	1:09	25	2:12	6.00	46:31	7:45	2	3:04	27	15:14
Ilseburg/Markt	4.10	21:24	5:13	2	0:37	21	5:21	10.10	1:07:55	6:43	2	3:41	23	20:35