



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Andrea Max

Club: NIX tun kann JEDER  
Number: 657

Course: 10.10 km  
10,1 km - Lauf

Category:  
Seniorinnen W60 (60-64) I

Total time: 1:13:23

Speed: 8.18 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 130 (of 178)

Rank in course/Women: 36 (of 61)

Best time in course: 47:20

Rank in category: 3(of 4)

Best time in the category: 1:04:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:51	8:15	3	4:10	39	12:33	4.10	33:51	8:15	3	4:10	39	12:33
Control	0.90	10:27	11:36	4	3:14	56	5:10	5.00	44:18	8:51	3	7:24	44	17:43
Ilsestein	1.00	5:45	5:45	1	-	8	1:03	6.00	50:03	8:20	3	6:36	38	18:46
Ilseburg/Markt	4.10	23:20	5:41	3	2:33	36	7:17	10.10	1:13:23	7:15	3	9:09	36	26:03