



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Julia Pahnke

Number: 664

Course: 10.10 km  
10,1 km - Lauf

Category:  
weibliche Jugend U16 (14-15) I

Total time: 59:59

Speed: 10.00 km/h

Running performance: 5:56 min/km

Rank in course/Total: 59 (of 178)

Rank in course/Women: 9 (of 61)

Best time in course: 47:20

Rank in category: 1(of 1)

Best time in the category: 59:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:24	6:55	1	-	12	7:06	4.10	28:24	6:55	1	-	12	7:06
Control	0.90	6:59	7:45	1	-	12	1:42	5.00	35:23	7:04	1	-	12	8:48
Ilsestein	1.00	5:54	5:54	1	-	12	1:12	6.00	41:17	6:52	1	-	11	10:00
Ilseburg/Markt	4.10	18:42	4:33	1	-	8	2:39	10.10	59:59	5:56	1	-	9	12:39