



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Magdalena Worth

Number: 715

Course: 10.10 km
10,1 km - Lauf

Category:
weibliche Jugend U18 (16-17) I

Total time: 1:07:00

Speed: 8.96 km/h

Running performance: 6:38 min/km

Rank in course/Total: 96 (of 178)

Rank in course/Women: 21 (of 61)

Best time in course: 47:20

Rank in category: 1(of 3)

Best time in the category: 1:07:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:25	7:25	1	-	20	9:07	4.10	30:25	7:25	1	-	20	9:07
Control	0.90	7:40	8:31	1	-	18	2:23	5.00	38:05	7:37	1	-	20	11:30
Ilsestein	1.00	7:01	7:00	2	0:24	27	2:19	6.00	45:06	7:30	1	-	21	13:49
Ilseburg/Markt	4.10	21:54	5:20	1	-	23	5:51	10.10	1:07:00	6:38	1	-	21	19:40