



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Ute Urban

Number: 779

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 1:33:51

Speed: 6.39 km/h
Running performance: 9:17 min/km

Rank in course/Total: 10 (of 57)

Rank in course/Women: 4 (of 32)

Best time in course: 1:23:44

Rank in category: 4(of 32)

Best time in the category: 1:23:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	40:51	9:57	3	4:53	3	4:53	4.10	40:51	9:57	3	4:53	3	4:53
Control	0.90	9:48	10:53	5	0:56	5	0:56	5.00	50:39	10:07	4	5:49	4	5:49
Ilsestein	1.00	9:29	9:28	3	0:52	3	0:52	6.00	1:00:08	10:01	4	6:41	4	6:41
Ilseburg/Markt	4.10	33:43	8:13	3	3:26	3	3:26	10.10	1:33:51	9:17	4	10:07	4	10:07