



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Angela Lindau

Number: 785

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 1:41:35

Speed: 5.91 km/h

Running performance: 10:03 min/km

Rank in course/Total: 14 (of 57)

Rank in course/Women: 6 (of 32)

Best time in course: 1:23:44

Rank in category: 6(of 32)

Best time in the category: 1:23:44

Intermediate times

Stage score

Total ranking

Control	Split				Stage score				Total ranking					
	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	43:52	10:41	7	7:54	7	7:54	4.10	43:52	10:41	7	7:54	7	7:54
Control	0.90	9:41	10:45	4	0:49	4	0:49	5.00	53:33	10:42	7	8:43	7	8:43
Ilsestein	1.00	11:02	11:01	8	2:25	8	2:25	6.00	1:04:35	10:45	7	11:08	7	11:08
Ilseburg/Markt	4.10	37:00	9:01	8	6:43	8	6:43	10.10	1:41:35	10:03	6	17:51	6	17:51