



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Marja Mootje Spittau

Club: Team SP
Number: 771

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 1:45:48

Speed: 5.67 km/h
Running performance: 10:28 min/km

Rank in course/Total: 17 (of 57)
Rank in course/Women: 9 (of 32)
Best time in course: 1:23:44

Rank in category: 9(of 32)
Best time in the category: 1:23:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	47:11	11:30	9	11:13	9	11:13	4.10	47:11	11:30	9	11:13	9	11:13
Control	0.90	11:01	12:14	10	2:09	10	2:09	5.00	58:12	11:38	9	13:22	9	13:22
Ilsestein	1.00	11:06	11:05	9	2:29	9	2:29	6.00	1:09:18	11:32	9	15:51	9	15:51
Ilseburg/Markt	4.10	36:30	8:54	6	6:13	6	6:13	10.10	1:45:48	10:28	9	22:04	9	22:04